

PMU BROW PRE/POST CARE

Day 1 After Service

Spray distilled water on 2x2 and pat the brows gently every hour, until the 2x2s are gone, or you go to bed. This will help with any excess lymph throughout the day.

Day 2-14 After Service

Every morning and evening, lather a small amount of provided cleanser and water in your hands and pat through the brows. Rinse, and pat dry with a clean dry towel/rag. Never scrub or rub your brows during the healing process. Allow for the brows to dry completely before applying a thin layer of the provided aftercare ointment. The ointment acts as a protective barrier, as well as adds hydration to the brows. Ointment can be reapplied during the day if your brows feel dry, tight, or itchy. Please keep in mind that only a very thin layer is needed! Do not over apply the ointment. 3x a day should suffice. If you are oily, please try to only use the ointment am and pm.

Week 2-8 After Service

Once you've completed your 2 week cleansing routine, you may return to your regular skin care cleanser and products, as long as they don't contain any acids, lightening/brightening agents, exfoliation, or retinols. DO NOT use scrubs, chemical exfoliators, vit c, vit e, retinol, etc. on your brows during the entire 8 week healing process. Remember, if you were asked to discontinue any products for your first session, those will still apply to your touchup!

After your procedure, the area may be inflamed and swollen. This will subside quickly. The area may also appear darker and thicker than the healed result. Brows typically heal 30% lighter and shrink about 10-15% once healed. During the healing process, brows may be itchy, this is normal. You will also have pigment that disappears and reappears throughout the healing process. This is normal.

The structure of some skin types, cause the hair to blend more with the skin tone and may not appear as defined.

Touchups are performed 8 weeks from last appt. You are responsible for maintaining your appts. If you exceed 12 weeks past your initial appt, you will be charged for an Annual Color Boost instead of a Touch Up.

When following aftercare precisely, fading, blurring, or poor retention can still occur depending on your skin and lifestyle.

AVOID Pre and Post Service

Do not take any blood thinning medications 24-48 hours before your appointment. This includes but is not limited to: Tylenol, ibuprofen, caffeine, alcohol, aspirin, muscle relaxers, pain pills, etc.

Do not use any retinol, topical or oral acne medications for 1 month leading up to your appt.

During your consultation, some medications and vitamins may be discontinued before your appt. Please make a note of what you need to stop in order to prepare for your service.

Do not trim, wax, or tweeze your brows before your appt.

Do not sweat for 10 days post treatment.

Do not pick, brush, or rub brows during healing.

Do not swim in the ocean, pools, lakes, rivers, etc. for 4 weeks post service. Salt water will remove pigment, and fresh body of water will contain bacteria that can lead to infection.

Do not sleep on your face for 2 weeks post treatment.

Do not wear any makeup on or near the brows for 2 weeks. This includes sunscreen.

Do not receive botox/dysport for 2 weeks before or after treatment.

Do not receive facial treatments, brow waxing, for 4 weeks post service. No peels, or laser treatments during the entire process, you may return to these services 6 weeks after your last session. No peels, micro-needling, dermabrasions, lasers, etc. before your service. The skin must be healthy and fully intact with no peeling, acne, or compromised skin in the brow area in order to move forward with your appt.

Do not receive any brow tinting/henna for 4 weeks before service, and 6 weeks post last service.

Do not spray tan 5 weeks before service, and 5 weeks post service. If you have residual spray tan, your appt will be cancelled and reschedule to a later date.

Do not expose your brows to the sun without protection leading up to your appointment. If there is a sun burn in the area, you will be rescheduled. Be aware that post service you are highly susceptible to sunburn for 4 weeks. You cannot wear sunscreen on the brows until 2 weeks post service, so make sure to protect them when in the sun.

FULLY HEALED INFO

It's 8 weeks post touchup, now what?

In order to keep your brows looking your best, we suggest the following:

Continue waxing, shaping, maintenance to support structure.

Tinting is considered safe after 8 weeks healed post touchup. Tinting does contain a developer that can chemically lift color from the hair/skin. This amount is small but is worth mentioning.

Lamination is a chemical process and can affect pigment retention. This isn't likely, but very minimal if occurs.

Never apply lightening, brightening, or acids near your permanent makeup. Retinols, vit c, vit e, etc. can hinder your pigment color, and structure.

Do not receive any chemical peel, or laser treatments near your brows. 2 finger widths is a safe distance, but can still effect your permanent makeup.

Do wear sunscreen on your brows.

Treat your brows as you would treat your skin. Cleanse them daily and exfoliate gently occasionally.

Consult a health care practitioner at first sign of infection or allergic reaction.

Report any infection, allergic reaction, or any adverse reaction to the Arkansas Dept of Health at 188-637-9314

I accept these responsibilities, risks, and possibilities of all above, indicated.

Signature/ Date

